

Empathize

Inspire

Help



Lead

Change

Educate

SAVING 9

Saving 9 works to ensure the physical and mental safety of Pakistan's citizens by enabling them with the tools, resources and knowledge needed to save a life. Through extensive medical training, consultancy, and sustainable emergency medical response systems, we aim to empower communities with inadequate access to healthcare services.



OUR POWER HOUSE

- Fulbright scholars
- MFR certified team
- 12 Emergency Medical Personnel
- Medical specialists, doctors, psychologists



OUR SERVICES

- Medical First Respondent (MFR) training for citizens
- MFR for organizations
- MFR for children and young adults
- Mental Health Education Services
- Consultancy services

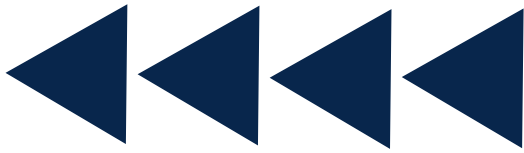


MAJOR MILESTONES

- Currently launching one of the world's first Mental Health Ambulance Systems
- Saved 200 lives within 1 year of operation
- Launched Pakistan's first Female-led & run ambulance system
- Developed a growing network of first responder citizens and school scouts

OUR SUPPORT NETWORK





OUR COURSES

S9 YOUTH MFR COURSE

Saving 9's 36 hour Youth MFR course offers exceptional classroom training and potential opportunities for volunteering with S9's and CDRS's development sector operations. Through hands-on training and classroom work, students will learn to evaluate and treat various emergencies.



EMERGENCIES

- HEART ATTACK AND STROKE
- FRACTURED BONES
- OBSTRUCTED AIRWAY
- SEVERE BLEEDING
- POISONING

FIRST AID FOR THE WORKPLACE WORKSHOP

S9's 51 hour MFR course offers exceptional workplace safety training and an opportunity to interact with and learn from professionals with real emergency experience.



EMERGENCIES

- HEART ATTACK AND STROKE
- FRACTURED BONES
- OBSTRUCTED AIRWAYS
- SEVERE BLEEDING
- POISONING
- PSYCHOLOGICAL AND STRESS INDUCED EMERGENCIES
- BURNS

COURSE SECTIONS

SECTION 1

Preparation

SECTION 2

Patient Assessment

SECTION 3

Airway Management

SECTION 4

Shock & Resuscitation

SECTION 5

Trauma Emergencies

SECTION 6

Medical Emergencies

SECTION 7

Psychological Emergencies

SECTION 8

Special Condition Patients

SECTION 9

Operations & Transport

